

News release

GET FRIDAY AFTERNOONS OFF AT KELLOGG'S

With a heatwave on the way and as the days get longer, Kellogg's UK is encouraging colleagues to take that much needed break away from their screens by offering Friday afternoons off work.

Launched in 2003 and now in its 19th year, Kellogg's Summer Hours scheme runs annually from May to September. It offers colleagues the chance to finish work from 12pm on a Friday for those who are office-based or on a weekday of their choice for the business' field sales teams, provided they have completed a full week's hours¹.

Kellogg's UK currently employs over 400 employees at its office in MediaCityUK and has a further 50 employees in its field sales team, all of whom will be offered the opportunity to take half a day per week for themselves.

The scheme is part of a wider package from Kellogg's, all aimed to support employees' mental and physical wellbeing. In January, the business hired an Occupational Health and Wellbeing Lead - Julie Davies – who is now based at Kellogg's MediaCity office. Davies' role includes promoting employee wellbeing and providing independent, confidential advice to colleagues and managers on mental and physical health matters.

Already implemented by Davies is a network of mental health champions. Colleagues have been given the opportunity to put themselves forward for crucial in-house training, giving them the skills needed to be able to support peers who may be struggling, destigmatise mental ill health and promote positive mental health.

In 2021, Kellogg's introduced 'meeting free Friday afternoons' which has further encouraged a culture of flexibility and is still going strong in its second year.

Chris Silcock, head of Kellogg UK, said: "At Kellogg's we have a long history of offering flexible working and Summer Hours is a great way to encourage our people to take time away from their desks. The programme has been in place for 19 years now and we're continuously looking at new ways we can support our teams.

"The introduction of an Occupational Health and Wellbeing Lead and mental health champions are the next step for us in ensuring all of our colleagues feel supported in the workplace to be their best selves and that nobody is left to struggle on their own."

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For further information please contact the Kellogg's press office on 0161 869 5293 or pressoffice@kellogg.com

Notes to editors

¹Employees must have completed their contractual hours across the week in order to benefit from the Summer Hours scheme. The Summer Hours scheme applies to Kellogg's office-based and field sales employees only.